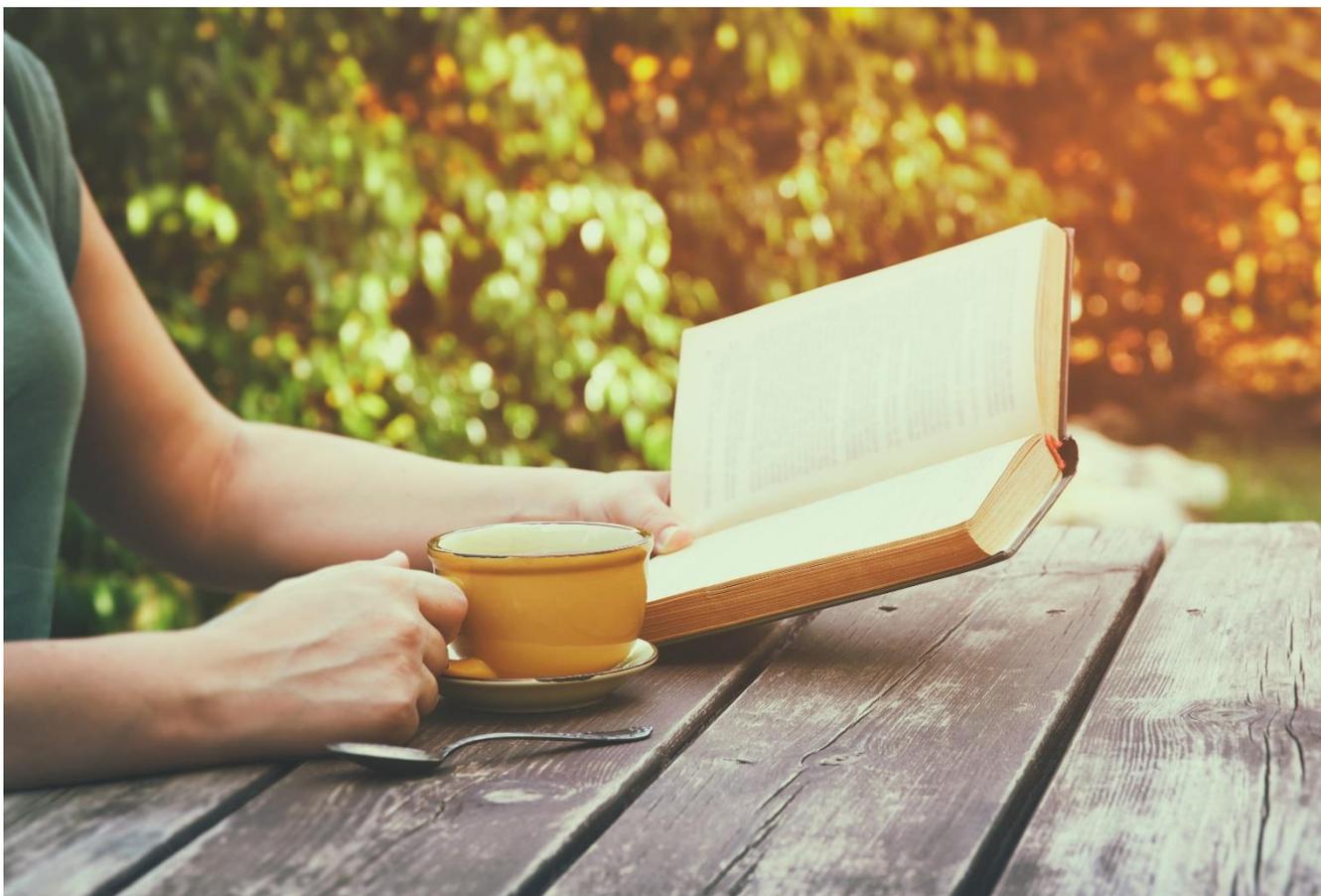




Summer Six Suggestion List for Researchers – December 2017



Summer Six Suggestion List for Researchers

Summer is a great time to relax with friends and family, to take a holiday, to reflect on the year past.

During the year it can be hard to find time when we are busy researching. So this year, the Population Health Research Network has decided to release a “Summer Suggestion List” to help researchers put their feet up and enjoy the break. The list contains a YouTube presentation, three books, a TV drama and a documentary series that we believe any researcher would find interesting over the break. They are all good reads and viewing and have come highly recommended by either:

- Professor Robyn Owens, Deputy Vice-Chancellor (Research), University of Western Australia
- Dr David Preen, Chair, Public Health/Professor, Population and Public Health, University of Western Australia
- Dr Merran Smith, PHRN Chief Executive

We believe they provide excellent food for thought. We enjoyed them and we hope you do too.

We hope you have a refreshing break and return inspired to do excellent research in 2018.

2017 - Future of Genomic Medicine

Presenter: Atul Butte

<https://www.youtube.com/watch?v=5G2dgOyPYGY>

This is a brilliant presentation about what you can do with health data if people share data through common platforms.

There's a wealth of publicly available genomics data that itself can serve as the basis for innovative new technological approaches to health and disease, new companies, and concrete help to patients.

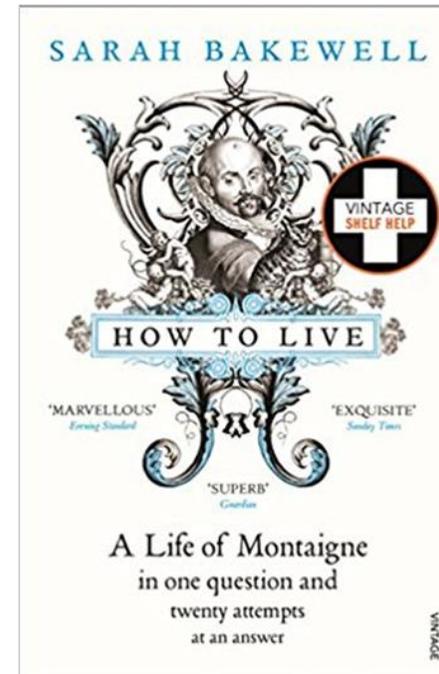


How to Live: One Question and 20 Attempts at an Answer

Author: Sarah Bakewell

This is a wonderful overview of the life of Michel de Montaigne, the 16th century French philosopher.

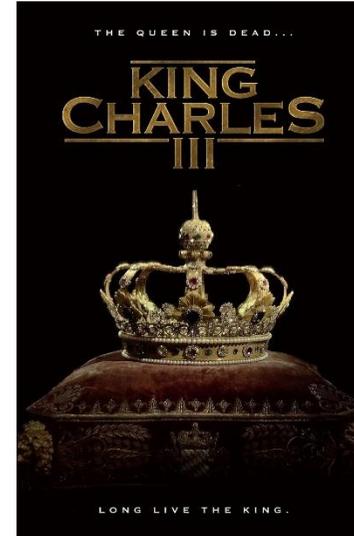
In the book, Bakewell roughly maps out Montaigne's life against the questions he raises along the way, drawing the answers to these questions from his Essays.



King Charles III

This Shakespearean TV drama is excellent for its imagination and the fact that it could have even been made in the first place.

It covers Prince Charles' fictional accession to the throne following the Queen's death. When he refuses to sign a controversial bill into law, political chaos ensues: a constitutional crisis, street riots and a tank in front of Buckingham Palace.



You Can't Ask That The Australian Broadcasting Commission

<http://www.abc.net.au/tv/programs/you-cant-ask-that/>

This series involves interviews with people with lived experiences in a range of areas such as disability, homelessness, addiction, poor health, personal identity, body image, and different lifestyles.

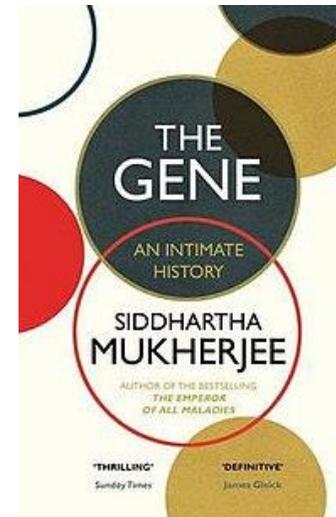
The interviews cover a range of topics and included some tough, taboo and thought provoking questions with responses giving a fascinating insight into different lived experiences. In particular, the episode on living with down syndrome is uplifting and heart-warming while at the same time heart breaking.



The Gene – An Intimate History **Author: Siddhartha Mukherjee**

This book is written by Siddhartha Mukherjee, an Indian-born American physician and oncologist and a Pulitzer Prize winner.

It is a brilliant history of the gene and a response to the defining question of the future: What becomes of being human when we learn to “read” and “write” our own genetic information?



The Narrow Road to the Deep North **Author: Richard Flanagan**

This is a novel written by Richard Flanagan which won the Man Booker prize in 2014. The novel is set in Japanese POW camp on the Thai Burma railway in 1943. It speaks of what the Australian POWs endured and to how they survived, based on the experiences of his father and others.

This is interwoven with a dramatic sub-story of tension and passion that helps to make the book an engaging summer read.

